



Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

Does your baby have any teeth yet?

To promote dental health, your child should see a pediatric dentist when the first tooth appears, or by the 1st birthday.

Child's Name _____

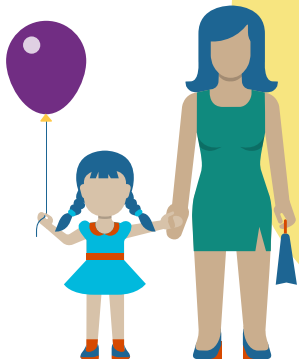
First Dentist Appointment _____

THESE ARE JUST A FEW OF THE MILESTONES TO LOOK FOR!



Is your child on track?

Developmental Screenings at 9, 18 and 24/30 months help you and your doctor monitor your child's development.



BIRTH-4MOS

- Coos, makes gurgling sounds
- Looks at you and seems to listen
- Babbles with expression
- Likes to be picked up and held

6 MONTHS

- Responds to name
- Begins to say sounds such as "m" and "b"
- Smiles at you and other family members

9 MONTHS

- Understands "no"
- Shows interest in things such as people, toys and foods

DATE: _____
9 MO SCREENING
 On track
 Follow up

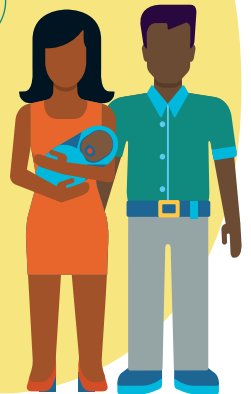
18 MONTHS

- Says several single words
- Follows simple directions
- Points to show something interesting

DATE: _____
18 MO SCREENING
 On track
 Follow up

12 MONTHS

- Uses simple gestures like waving "bye-bye"
- Pulls up to stand
- Likes to play games such as peekaboo



24/30 MONTHS

- Points to things or pictures when named
- Says sentences with 2 to 4 words
- Likes to be hugged or cuddled

DATE: _____
24/30 MO SCREENING
 On track
 Follow up

3 YEARS

- Follows instructions with 2 to 3 steps
- Climbs well
- Plays well with others

4 YEARS

- Tells stories
- Draws a person with 2 to 4 body parts
- Shows concern for other people's feelings

5 YEARS

- Speaks clearly
- Says name and address
- Takes turns when playing

Get connected: Call 833.903.3972, visit HelpMeGrowLA.org, or ask your doctor for more information.